

CARING NEIGHBORS **NEWS**

MAY 2025

thevillagescaringneighbors.com

OFFICERS

President Ellen Broedlin tvcnservices@gmail.com

Vice President Vicky Giraud vicky.giraud7@gmail.com

> Secretary **Debbie Caskey** msdecrn@aol.com

Treasurer Pam Taylor pamcpa97@gmail.com

EXECUTIVE BOARD CHANGE

A big THANK YOU to Nancy Baxter who has served as the Secretary on the Executive Board since it was established. Nancy will be retiring from the Board position effective May 1, 2025 due to health reasons.

She has faithfully sent personalized "thank you" letters to every donor for the past several years. In addition, she took minutes at the monthly **Executive Board Meetings and maintained the corporate documents.** Nancy also regularly retrieved mail from the Caring Neighbors postal box. She did these tasks while also serving as Director of Hadley CN, arranging a blood drive. helping on Jukebox Bingo, Snacks N Facts, etc.

Debbie Caskey, the Co-Director of DeLuna-Marsh Bend has agreed to step in as Secretary beginning May 1st.

Bonita Sabal Chase Caroline THE THE PROPERTY OF THE PARTY O

WELCOME

to the 28th **Caring Neighbors** Group

MALLORY SQUARE

MEET DEBBIE CASKEY



Debbie was born in San as a military brat which many places. She also lot with her late husband, last job. Kentucky was her home before moving to The Villages.

Antonio and grew up meant she lived in traveled and moved a Pike, as well as in her

Working as an intensive care nurse led her to 24 years in the cardiac division. The last ten years of her career were spent traveling the country coaching and teaching on best practices in health care so patients experience exceptional care.

Debbie settled into The Villages and soon got involved with Caring Neighbors, serving as Co-Director of the very active DeLuna-Marsh Bend group. She also volunteered to Chair the successful 2024 Volunteer Appreciation Event at Savannah Center. Now she has agreed to serve as the Secretary on the CN Executive Board.

In her spare time, Debbie enjoys bowling, walking on trails, playing Mahjong and traveling. Plans for this year include a trip to Switzerland and a boutique cruise of the Mediterranean.

Check It Out

THE CN WEBSITE (thevillagescaringneighbors.com) is updated on a regular basis.

Be sure to explore the new pictures in the Photo Gallery on the home page, and new groups listed under Our Locations. Previous Newsletters and upcoming events are found under News/Events.

Speaking about pictures, don't forget to send in photos of your speakers, events, a group photo, etc.

UPCOMING CN EVENTS

May 1 **Mallory Square First Meeting** 4 pm - Canal Street Rec. Ctr.

Buttonwood CN Meeting May 7 2 pm - Seabreeze Rec. Ctr. Speaker, Susan Cook

Sheriff's Office DREAM Program

May 7 **Monarch Grove First Meeting** 9:30 am - Riverbend Rec. Ctr.

May 14 **Polo Ridge CN Meeting**

> 2 pm - Laurel Manor Rec. Ctr. Speaker, Kari Walker

Strengthen Your Brain, Improve Your Life

May 15 **Executive Board Meeting**

Full Board Meeting – 2nd Quarter **May 16** 10 am - Colony Cottage Rec. Ctr.

MEMORIAL DAY May 26



TLC Mental Health Professional News

Living On Purpose: Journey to a Meaningful Life Presented by: . Bonnie Hovel, LCSW; Jean Yingling, LMFC Mondays, 9:30 - 11 AM (5 weeks) May 19 - June 16 -- Bacall Recreation Center (Villages ID Card required)

We will explore how aligning our daily actions with our deepest values can enhance mental well-being and fulfillment. Inspired by the Japanese concept of Ikigai—the intersection of what you love, what you are good at, what the world needs, and what you can be rewarded for—this group will guide you through reflective exercises, goal-setting strategies, and discussions to help you uncover and live your unique purpose.

TLC website is tlc-services.org

Submit news items, events, and photos for the June Newsletter to ab.ultimateassistant@gmail.com

NO LATER THAN JUNE 20, 2025